



September 2025 Hot Lunch Menu

Nôcihtowipîsim –Mating moon



FREE MORNING SNACK AVAILABLE DAILY

Ashmont Elementary Vending Machine

A variety of snacks.
\$1-\$5 each

Lunchables
Crispers
Beef Jerky
Oreos
Chocolate Milk
Apple Juice
Orange Juice
Cup of Noodles
Fruit Cups
Corn Nuts
Peanuts
Cheese and Pepperoni
Rice Krispies
Ritz Crackers
Bear Paws

**ALL HOT LUNCH MEALS
COST \$6.00**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Grilled cheese with tomato soup	3 Chicken quesadilla with a fruit cup	4 Spaghetti with meat sauce & garlic toast	5 Free welcome back hot dog	6
7	8 Turkey sandwich & soup	9 Pancakes and sausage	10 Chicken burger with veggie sticks	11 Turkey wrap with a cookie	12 Roasted chicken dinner	13
14	15 Ham sandwich with soup	16 Ravioli with to- mato soup & green beans	17 Cheese burger with Jell-O	18 Chicken fingers with fries	19 Shepherds pie	20
21	22 Egg salad sandwich with soup	23 Pulled pork with a bun and cole- slaw	24 Chili and a bun	25 Chicken caesar wrap	26 Nacho's & cheese with celery	27
28	29 Chicken alfre- do with garlic toast	30 Stew & baked bannock	Elementary Hot Lunch Voucher - \$30 Secondary Daily Special Voucher - \$35 Available by debit/cash through the cafeteria 8:30 am- 12:30 pm or by cash in the office during the afternoon.			