



# September 2025 Hot Lunch Menu

Nôcihtowipîsim –Mating moon



FREE MORNING SNACK AVAILABLE DAILY

## Ashmont Elementary Vending Machine

A variety of snacks.  
\$1-\$5 each

Lunchables  
Crispers  
Beef Jerky  
Oreos  
Chocolate Milk  
Apple Juice  
Orange Juice  
Cup of Noodles  
Fruit Cups  
Corn Nuts  
Peanuts  
Cheese and Pepperoni  
Rice Krispies  
Ritz Crackers  
Bear Paws

**ALL HOT LUNCH MEALS  
COST \$6.00**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Grilled cheese with tomato soup	3 Chicken quesadilla with a fruit cup	4 Spaghetti with meat sauce & garlic toast	5 Free welcome back hot dog	6
7	8 Turkey sandwich & soup	9 Pancakes and sausage	10 Chicken burger with veggie sticks	11 Turkey wrap with a cookie	12 Roasted chicken dinner	13
14	15 Ham sandwich with soup	16 Ravioli with to- mato soup & green beans	17 Cheese burger with Jell-O	18 Chicken fingers with fries	19 Shepherds pie	20
21	22 Egg salad sandwich with soup	23 Pulled pork with a bun and cole- slaw	24 Chili and a bun	25 Chicken caesar wrap	26 Nacho's & cheese with celery	27
28	29 Stew & baked bannock	30 Chicken alfredo with garlic toast	Elementary Hot Lunch Voucher - \$30 Secondary Daily Special Voucher - \$35 Available by debit/cash through the cafeteria 8:30 am- 12:30 pm or by cash in the office during the afternoon.			