



Mikisiw'Pisim

FREE MORNING SNACK AVAILABLE DAILY

Ashmont Elementary

Vending Machine

A variety of snacks.

\$1-\$4 each

Lunchables

Crispers

Beef Jerky

Oreos

Chocolate Milk

Apple Juice

Orange Juice

Cup of Noodles

Fruit Cups

Corn Nuts

Peanuts

Cheese and Pepperoni

Rice Krispies

Ritz Crackers

Bear Paws

Ashmont Elementary

Canteen List

**ALL HOT LUNCH MEALS
COST \$5.00**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Chicken alfredo casserole	2	3
4	5 Grilled cheese & tomato soup	6 Chicken quesadilla with a fruit cup	7 Chili & a bun	8 Chicken burg- er with veggie sticks	9 Chinese food	10
11	12 Turkey sandwich and soup	13 Spaghetti (meat sauce) and garlic toast	14 Pancakes, berries and whipped cream with a sausage	15	16	17
18	19	20 Ham sandwich with soup	21 Nachos & cheese with celery	22 Cheese burger with jello PIZZA FUND- RAISER	23 Roasted chicken dinner	24
25	26 Egg salad sandwich with soup	27 Perogies, sausage & cabbage	28 Turkey wrap with a cookie	29 Chicken fingers with potato wedges		